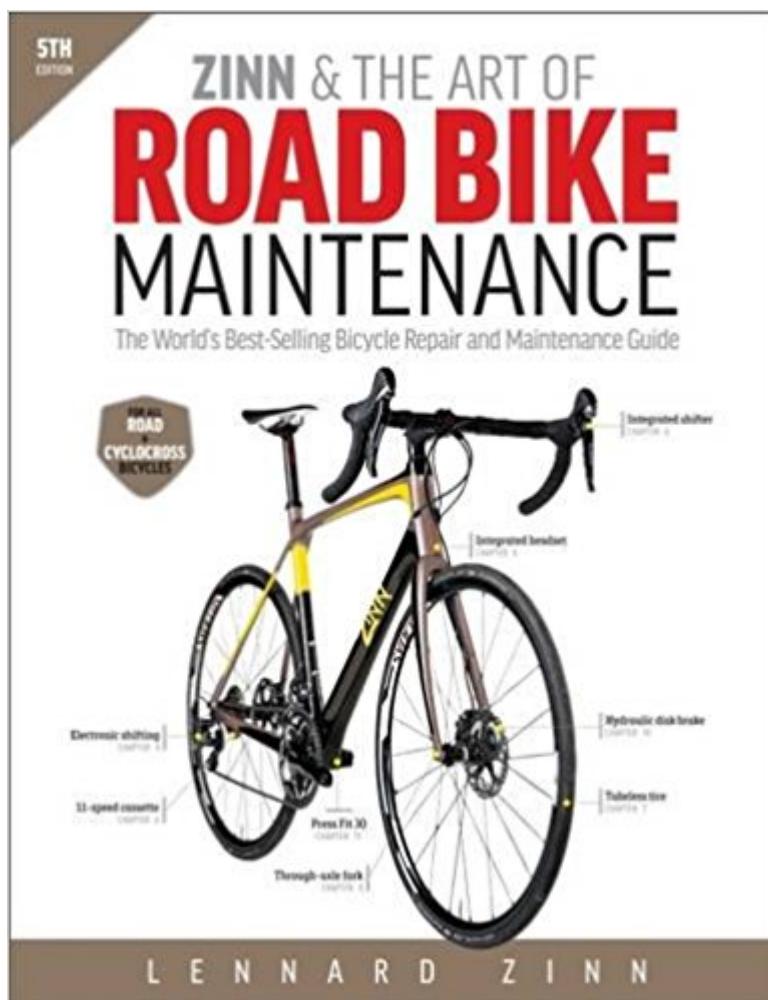


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# Zinn & The Art Of Road Bike Maintenance: The World's Best-Selling Bicycle Repair And Maintenance Guide



## Synopsis

Zinn & the Art of Road Bike Maintenance is the world's best-selling guide to bicycle repair and maintenance. From basic repairs like how to fix a flat tire to advanced overhauls of drivetrains and brakes, Lennard Zinn's clearly illustrated guide makes every bicycle repair and maintenance job easy for everyone. Lennard Zinn is the world's leading expert on bike maintenance and repair. His friendly step-by-step guide explains the tools you'll need and how to know you've done the job right. The book's two-color interior is easy to read— even in a dimly-lit garage or workshop. Hundreds of hand-drawn illustrations and exploded parts diagrams show just the right level of detail to lead you through every bicycle repair task. This smartly organized guide shows how to repair new and old bicycles from top to bottom. In over 500 pages, Zinn's guide includes simple instructions for hundreds of bike maintenance and repair jobs: Basics: How to fix a flat tire, lube a bicycle chain, adjust the brakesEmergency repairs: How to fix a broken chain, tighten loose spokes, repair a bent derailleurEasy shifting: How to adjust shifters, derailleurs, and cables for clean and smooth shiftingWheels: How to true a wheel, install a new tire, change a cassette, replace broken spokes, build your own wheelsOverhauls: How to service and replace pedals, chains and chainrings, saddles, handlebars, stems, headsets, forks, bottom bracketsNew tech: How to maintain 11-speed systems, electronic and wireless shifters, disc brakesCyclocross: How to set up a 'cross bike for racing, select the right components, and make quick repairsTroubleshooting: How to figure out what's wrong with any bike and fix itZinn & the Art of Road Bike Maintenance makes bicycle repair and maintenance easy, quick, affordable, and fun. With Zinn at your side, you'll know how to keep your bicycling running smoothly for years.What's New in Zinn & the Art of Road Bike Maintenance, 5th Ed.: More than 700 comprehensive illustrations and exploded views. New chapter on electronic shifting covers maintenance, service, repair, and troubleshooting of all Shimano, SRAM, and Campagnolo electronic shifting groups. New chapter on disc brakes covers maintenance, service, and repair of all hydraulic and mechanical systems. New tech covered in depth: through-axle forks, SRAM eTap wireless shifting, second generation Shimano and Campagnolo electronic shifting, direct-mount sidepull brakes, SRAM X-Sync 1x11 cyclocross systems, tubular tire gluing tapes. New troubleshooting chartsNew master guide to press-fit bottom bracketsAlso covered in the 5th edition: All derailleur shifting systems (5-speed through 11-speed); all bottom bracket systems (cone-and-cup through press-fit); all brake systems (including caliper, V-brake, cantilever, and disc); all headset, stem, handlebar and fork systems; wheelbuilding for all bikes including cyclocross and disc-brake wheels; special sections on cyclocross throughout including troubleshooting, maintenance, service, repair, and equipment selection; updated and expanded torque tables;

complete illustration index and complete subject index.

## Book Information

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## Customer Reviews

“Longtime VeloNews technical writer Lennard Zinn’s maintenance books are bibles for both pro and amateur wrenches. *Zinn & the Art of Road Bike Maintenance* is a beast of a book and can help you remedy any problem that might arise while working on a road bike. It’s packed with in-depth explanations and useful diagrams. No workbench is complete without it. A cakewalk for VeloNews magazine, Lennard Zinn may work for the enemy, but we at BikeRadar will be the first to acknowledge his contributions to the dark art of bike fixin’. His bible for the home (and pro) mechanic is now in its fifth edition, with updates covering all the latest tech...There are almost 500 pages in this impressive volume, which is extensively illustrated to help you tackle virtually any bike repair task.

*Zinn & the Art of Road Bike Maintenance* is the gold standard textbook for aspiring home mechanics. From simple tasks such as fixing a flat tire to advanced overhauls of drivetrains or brakes, this book’s step-by-step guides explain the tasks and tools your newbie will need to get the job done right.

RoadBikeReview.com: “This smartly organized guide shows how to repair new and old bicycles from top to bottom. *Zinn & the Art of Road Bike Maintenance* is essential cycling gear for all road and cyclocross riders.

Crossbikereview.com: “Lennard Zinn is an institution in the bicycle world—a legend. Legions of cyclists have learned to repair bikes from him, ridden bicycles he’s built, or used his advice as guidance on how to better enjoy the world on two wheels.”

Bicycle Times magazine "Today's bicycles are complicated machines that can be expensive to maintain and repair. Zinn has written this book to help both the leisure bike rider and expert mechanic handle almost any problem associated with road bikes." • "Library Journal" "Lennard Zinn really is the world's most helpful and comprehensive human when it comes to bicycle repair and maintenance." • "Bike magazine" "Zinn & the Art of Road Bike Maintenance has instructions on anything an aspiring wrench would want to know. What impresses most is Lennard's overall approach of simplifying a task and reminding us how rewarding it is to perform our own service." • "Podium Cafe" "Lennard Zinn is a veritable cycling Einstein and, as a naturally gifted teacher, he has the unique ability to explain even the most difficult mechanical task. So unless you currently ride on a high-profile pro team with your own mechanic (and maybe even then), Zinn & the Art of Road Bike Maintenance is an absolute must-have book." • "Davis Phinney, Olympic medalist, national champion, and Tour de France stage winner" "We often hear that triathletes don't do their own bike maintenance because that we don't know (and don't care) how to wrench our bikes. But as athletes who make a sport of flying our bikes all over the world only to build them back up with just a pair of Allen wrenches, we know all too well how important it is to know the ins and outs of bike care. Your copy of Zinn probably won't be your every day go-to guide for bike care. But on those days when your race steed needs some serious maintenance, or even just when you're proactively researching for a little more knowledge if the worst should strike you on the road far from home, you will be glad you have Zinn in your library." • "AeroGeeks" "Zinn & the Art of Road Bike Maintenance is simple, easy to follow and the illustrations are magnificent." If you are looking for a bicycle repair manual, get this book. • "Cycloculture" "Lennard Zinn's book might be the work that launched a 1,000 repair projects. Or, at least, it placated many home mechanics when they started cursing skipped shifts or loose headsets." • "Canadian Cycling magazine" "If ever there was a classic text on bike maintenance, this has to be it." Like its predecessors, it goes from super simple right through to complete re-builds. All are explained by a combination of Zinn's unique humour-filled, insightful and clear text, with Todd Telander's brilliant illustrations. • "220 Triathlon" "Zinn is very good at taking you incrementally through the learning process whether you are a beginner or expert mechanic." • "Out There Monthly magazine" "There really is no other bicycle repair manual like this. Zinn & the Art of Road Bike Maintenance is very up to date, very clear thanks to the profuse

illustrations and accurate and comprehensive. And it's all in a very enjoyable format intended to be encouraging and confidence-building." TheUSCyclingReport.com "Now in its fifth edition, this is a telephone directory of a book. There is a wealth of excellent info in this rather large tome. Zinn makes little pre-supposition as to the technical abilities of his readers and it's this aspect that makes you feel that you can manage the majority of the repairs detailed in the book. While the illustrations will help you identify the myriad bits and pieces composing modern-day componentry, it is Lennard Zinn's step-by-step instructions that will get you from broken to fixed in the shortest space of time. • TheWashingMachinePost.net "Simple to read and follow, the illustrated, large-format paperback manual features everything from replacing a flat to repairing components. It's a great addition to any new biker's library but offers invaluable advice for experts, too. • Sports Guide magazine

The world's best-selling, most comprehensive, and easiest to use guide to bike maintenance and repair is updated with the newest components and reorganized for even easier use.

I have had many years of wrenching on cars and bikes alike. I felt that this book was a great all-in-one general maintenance book for Road Bike Maintenance. It does not give every single detail that is possible for all parts (e.g. shimano brakes, it doesn't tell give you a parts breakdown like one would if you went to the manufacture site and downloaded their technical documents). \*\*\*TIP for specific instructions for bike parts: most manufactures will post up online detailed technical specifications for each part and some will even post a parts breakdown document as well. Many of my opinions are also formed based upon my maintenance use and owner ship of the Park Tool Big Blue Book 2nd Edition (which should be the current edition). Hands down, this book is much better than the Park Tools book, for it is much more detailed in many areas that the Park Tools book lacks. This book covers most of the popular designs and manufactures (e.g. different shifting systems including campagnolo, shimano, and sram). It also details the differences between the companies as well on certain parts that need attention because of the unique design by the company. The book does a great job at sorting the different repair tasks by three different levels, which most takes I feel are generally level 2. Not only that, it also gives an overview of different type of maintenance tool sets one should have from level 1, the basic level tool kit for the beginner, to level 3 + tools that a shop should own. Zinn also explains each of the parts for every kit level as well. I feel they do a pretty good job overall on giving a easy to follow guideline as to what common tools are needed for

each of the different levels of repair difficulties. For the new bike maintenance person, this book provides a comprehensive view of what it takes to wrench on a road bike (which I believe just about everyone can manage (if they proceed carefully and slowly). Also, the writing style is extremely simple to follow and believe or not written in an encouraging manner that it makes a person feel they can repair anything on their road bike. This book does not give advise onto which brands to get for all the tools (although they do have some recommendations for certain tools interspersed throughout the book). But it gives enough advise to pretty much get most things and help guide a person onto which tools to look for and which ones may be avoided. This is a great book for those who do not have an all-in-one reference book. It is cheap and affordable and definitely worth the small amount you pay for it. I don't know right now if it is offered as a digital book, but if it ever does, I'd personally continue to pick up the paper version, since having a physical book in the workshop is much better than digital! Happy Wrenching!

Absolutely amazing book that is clear and concise. I believe I can maintain my bike without having to go to the shop anymore, especially after this purchase. The graphics and text work really well. My new garage bible :D.

So, I'd like to preface by stating that this book is great. It provides detailed information and pictures for reference. It covers different kinds of bikes, the tools needed to maintain them, and how to install parts and troubleshoot problems. Truly a thorough explanation of nearly everything for any kind of rider. With that being said, everything I have learned about maintaining my bike has been from youtube channels. I've had it for a year and used it one time when I was researching parts and building my first bike. I will undoubtedly use it again when I attempt a second build for an entirely new form of riding. Great to have lying around and very clutch in the moment when you need it.

The book has clear instructions with good drawings to guide the user, and it covers most things you would need to do to maintain or repair most types of road bikes. I say "most" because three speed bikes and shift mechanisms are not covered, which is an area I'm interested in (I'm on the hunt for cool old Raleighs and similar vintage bikes). It does cover what I need for the bikes I actually have, which (like me) are also vintage - the newest is twenty years old and the oldest is going on 40!

It's true~ ~ This book really saved me some money by letting me know exactly how to fix my bikes problems. I was able to stop a bike chain problem, brake problem and gear shift problem by using

this book.

I think this is probably good for a beginner who wants to start with a book. For that purpose this book is first rate. The illustrations are fantastic. IMHO it's not as deep as it needs to be for my interests. For example the section on brifters says to simply replace a unit that is not working properly. I still would have liked to see an exploded view of the whole clockwork and an explanation of how complicated is the teardown. In 2015 for most folks I think it's probably best to assemble your own Pinterest/file cabinet of resources on bicycle maintenance. During the time I've had this book I've learned more from YouTube than from the book.

I haven't ridden in years. I bought a NIB bike off Ebay for a steal and decided to try my hand at assembly. I bought this book along with a few tools with the understanding that if I took the bike to the shop they wanted \$50 on average and I'd have to return for adjustments after the first 100 or so miles...so another \$40. I figured I could at least be able to learn how to do basic/regular maintenance from this book to pay for the few tools. So far so good. This is a pretty thorough book covering all areas of the bike, tools, maintenance, overhaul and different part manufacturers. I think the only thing I wish it had was color photos vs line drawings. Other than that it's a nearly perfect book for beginners and I suspect even intermediate/expert bikers looking to handle 75% of their own repairs/maintenance issues.

This book is fantastic. The introduction breaks down various tools for different levels of repair difficulty, as well as giving you basic information for caring and maintaining your bike. From there, the chapters are broken down into the various components of the bike with many cross-references to other sections for ease of use. Overall, I would highly recommend this book to anyone wanting to become more serious about cycling and understanding how bicycles are designed and repaired.

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